



# Top of the Wolds 10km Challenge

## Sunday 4th June 2023

**Dear Runner,**

Welcome to the fifth outing of the “Top of the Wolds 10km Challenge.” We hope you enjoy the day, as well as the route. Yorkshire Wolds Runners was formed in 2010, and are now an established East Yorkshire club attending many events

Enjoy the day, and don't forget to look at the scenery. The PB bell awaits you at the top of the hill! It's an accomplishment to get to the top - savour the moment!

**RACE HQ - Registration is open from 8.00am. Collect your number from here.**

**Sports Timing Solutions** are providing our chip timing this year.

Your chip is attached to the reverse of your number. Please complete the medical information on the reverse of your number and then secure to the front of your vest/t-shirt.

Toilet facilities are available directly outside the community Centre. Disability toilet facilities are located inside the Community Centre.

There will be no shower facilities, changing or baggage facilities available.

**PARKING** For your Sat Nav use postcode **YO42 1XS** or what3words **magnum.discusses.moon**

The car park is situated on the Community centre field; you will be directed by a marshal to a parking area. Yorkshire Wolds Runners/Warter Estate accepts no responsibility for damaged vehicles, you park at your own risk.

Please **do not park** in the village, it cannot accommodate extra vehicles, we do have an overflow car park if needed.

• Please note that the race is to be run on closed roads, therefore the running route will be completely closed to traffic from 08.00am to allow the course to be set up, with no movement of vehicles permitted until the roads re-open at approximately 12.30 onwards. Please allow adequate time to park and collect your race pack. [Where you can, come into Warter via the B1246.](#)

**COURSE** The race will start promptly at 10.00am

The course will be well marshalled and marked every kilometre. There will be a water stop and First Aid cover just before the half way point as well as at the end of the race.

Please adhere to all UKA regulations for the race. Obey all instructions from the Race Officials and Marshals. Please do not drop any litter and please use the toilets provided. Respect other pedestrians where you share the pavements with them.

Tom Fynn from TCF Photography will be out on course taking photographs, and will be available via his website.

**There are no headphones allowed, anyone wearing headphones will be disqualified. You have been warned.**

If you feel ill and have to retire from the race for any reason please contact a Marshal. They will deal with your needs and report back to race headquarters.

First Aid will be supplied by FAB Medics. Transport back to Race HQ will be provided if necessary.

A sweep vehicle will provide transport should runners wish to retire.

### **Race Day Timetable**

**08.00 - Race HQ Opens for registration/race pack collection.**

09.55 Race briefing & runners line up for the START.

**10.00 The race commences.**

10.35 First 10k runners expected home.

12.30 Prize giving

**Prize Categories** are based on finishing position, **NOT** chipped time

1<sup>st</sup> Male

1<sup>st</sup> Female

2<sup>nd</sup> Male

2<sup>nd</sup> Female

3<sup>rd</sup> Male

3<sup>rd</sup> Female

1<sup>st</sup> MV40

1<sup>st</sup> FV40

1<sup>st</sup> MV50

1<sup>st</sup> FV50

1<sup>st</sup> MV60

1<sup>st</sup> FV60

1<sup>st</sup> MV70

1<sup>st</sup> FV70

1<sup>st</sup> MV80

1<sup>st</sup> FV80

**Only one winner per category:** e.g. if the 1<sup>st</sup> male is also the MV40 winner, then the MV40 category will go to the next runner.

Refreshments will be available to purchase on the day.

Tea,Coffee,Cakes ,£1.50 each ,please ensure you bring **CASH** ,we have no facility for card payments.

We look forward to welcoming you on the day, from all at Yorkshire Wolds Runners.

Paul Burridge  
Race Director

