

Pos	Bib	Name	Gender	Club	Category	Cat Pos	Finish Tim	Chip Time	Chip Pos
1	76	Robert Sp	Male	Beverley /	SNR	1/11	00:35:02	00:35:02	1
2	210	Carl Ryde	Male	Fitwins RC	V40	1/23	00:38:47	00:38:47	2
3	109	Stuart Sm	Male	Pocklingtc	V40	2/23	00:39:29	00:39:29	3
4	107	David Gos	Male	Pocklingtc	V40	3/23	00:41:05	00:41:05	4
5	106	Steve Wo	Male	Pocklingtc	SNR	2/11	00:43:02	00:43:00	6
6	159	Chris Mcg	Male		V40	4/23	00:43:08	00:43:00	5
7	42	Daniel Wc	Male	Beverley /	SNR	3/11	00:43:59	00:43:59	7
8	16	Doug Sha	Male	Beverley /	V50	1/26	00:44:50	00:44:50	8
9	164	Eliza Tasw	Female	Hyde Park	SNR	1/20	00:46:06	00:46:05	9
10	36	Andy Ellio	Male		V40	5/23	00:46:39	00:46:36	10
11	21	Greg Linfc	Male	Pocklingtc	SNR	4/11	00:46:51	00:46:51	12
12	39	Paul Mau	Male		V50	2/26	00:46:52	00:46:47	11
13	165	David Lan	Male	City of Hu	V60	1/13	00:46:56	00:46:54	13
14	18	Neil Bant	Male	Beverley /	V40	6/23	00:47:25	00:47:25	14
15	83	Ian Mcbri	Male	Mcbride F	V40	7/23	00:47:44	00:47:44	16
16	135	Matt Edey	Male	Beverley /	V40	8/23	00:47:53	00:47:48	17
17	183	Robert Ac	Male		V50	3/26	00:47:55	00:47:44	15
18	38	Charlie Rc	Male	City of Hu	V60	2/13	00:48:00	00:47:51	18
19	35	John Escr	Male	City of Hu	V60	3/13	00:48:20	00:48:11	19
20	153	Zoe Parkir	Female	Vegan Rui	V50	1/29	00:48:44	00:48:40	20
21	15	Matthew	Male	Pocklingtc	SNR	5/11	00:48:57	00:48:56	21
22	92	Rachael S	Female	Fitmums /	V50	2/29	00:49:25	00:49:18	22
23	6	Paul Clark	Male	Beverley /	V50	4/26	00:49:58	00:49:53	23
24	79	Alison Hai	Female		V40	1/25	00:50:06	00:50:02	24
25	114	Callum At	Male		SNR	6/11	00:50:12	00:50:11	25
26	47	Andrew C	Male	Morley Ru	V40	9/23	00:50:19	00:50:12	26
27	9	Alan Flint	Male	Beverley /	V70	1/6	00:50:40	00:50:36	28
28	156	Thierry Tc	Male		V50	5/26	00:50:43	00:50:33	27
29	131	Julian Hor	Male	Pocklingtc	V50	6/26	00:50:43	00:50:42	29
30	41	Eleanor Lc	Female		SNR	2/20	00:51:14	00:51:11	30
31	56	Emily Ken	Female	Pocklingtc	SNR	3/20	00:51:16	00:51:12	31
32	14	Martin Gr	Male	Beverley /	V50	7/26	00:51:27	00:51:20	32
33	123	Anthony S	Male		V60	4/13	00:51:35	00:51:31	33
34	13	James Ab	Male	Driffield S	V60	5/13	00:51:39	00:51:36	34
35	44	Andrew B	Male		V50	8/26	00:51:45	00:51:39	35
36	167	Michael P	Male	Pocklingtc	V50	9/26	00:51:46	00:51:44	36
37	87	Jan Sudda	Female	East Hull I	V50	3/29	00:51:50	00:51:44	37
38	166	Natalie Hc	Female		SNR	4/20	00:51:57	00:51:54	40
39	150	Craig Burr	Male		V40	10/23	00:51:58	00:51:51	39
40	195	Bryony Le	Female	York Knav	SNR	5/20	00:52:00	00:51:48	38
41	163	Joel Bearc	Male		SNR	7/11	00:52:21	00:52:13	43
42	30	Liz Sellers	Female		SNR	6/20	00:52:25	00:52:16	44
43	194	Shona Wil	Female	York Knav	SNR	7/20	00:52:27	00:52:10	41
44	77	Chris Sper	Male		V50	10/26	00:52:28	00:52:12	42
45	118	Lucas Me	Male	Beverley /	V40	11/23	00:52:54	00:52:50	45
46	37	Peter Wat	Male	Beverley /	V60	6/13	00:52:56	00:52:51	46
47	191	Phillip Crc	Male	Grantham	V40	12/23	00:53:05	00:52:51	47
48	196	Lucy Berri	Female	Beverley /	SNR	8/20	00:53:14	00:53:08	48
49	27	Heather V	Female		V50	4/29	00:53:21	00:53:14	49

50	29	Sean Butt	Male	V50	11/26	00:53:37	00:53:33	50
51	155	Stewart K	Male	V50	12/26	00:53:43	00:53:40	52
52	132	Helen Spr	Female	York Acor V40	2/25	00:53:45	00:53:41	53
53	102	Ben Fitzp	Male	V50	13/26	00:53:50	00:53:39	51
54	67	Andrew B	Male	Pocklingt SNR	8/11	00:53:57	00:53:57	55
55	185	Sally Prec	Female	City of Hu V50	5/29	00:54:14	00:53:56	54
56	203	Emma Ric	Female	Bridlingto V40	3/25	00:54:19	00:54:08	56
57	116	Kate Over	Female	Pocklingt SNR	9/20	00:55:13	00:55:06	57
58	34	Dominiqu	Female	Bridlingto V40	4/25	00:55:18	00:55:07	58
59	169	Paula Har	Female	Pocklingt V40	5/25	00:55:27	00:55:22	59
60	11	Carol Bott	Female	Beverley / V40	6/25	00:56:00	00:55:48	60
61	100	Phil Hans	Male	Holmfirth V60	7/13	00:56:09	00:56:00	61
62	61	Robert W	Male	City of Hu V70	2/6	00:56:14	00:56:06	63
63	204	Verity Ric	Female	SNR	10/20	00:56:15	00:56:06	64
64	199	Neil May	Male	City of Hu V60	8/13	00:56:17	00:56:03	62
65	205	Thomas R	Male	V40	13/23	00:56:21	00:56:12	66
66	68	Kevin Add	Male	South Lee V40	14/23	00:56:28	00:56:08	65
67	162	Peter Qui	Male	V40	15/23	00:56:32	00:56:14	67
68	140	Sharron H	Female	Beverley / V50	6/29	00:56:43	00:56:32	70
69	141	Mathew F	Male	Beverley / V40	16/23	00:56:43	00:56:30	69
70	75	Stephanie	Female	Easingwol V50	7/29	00:56:45	00:56:30	68
71	202	Jon Reast	Male	V50	14/26	00:56:47	00:56:34	71
72	206	Paul Hutc	Male	City of Hu V40	17/23	00:56:51	00:56:34	72
73	59	Alan Kenc	Male	Pocklingt V50	15/26	00:57:10	00:57:03	74
74	119	Brian Per	Male	Pocklingt V60	9/13	00:57:14	00:57:07	75
75	178	Chris Park	Male	V50	16/26	00:57:15	00:56:59	73
76	209	Lee Knigh	Male	V50	17/26	00:57:45	00:57:42	76
77	147	Dave War	Male	V50	18/26	00:57:53	00:57:44	77
78	91	Jennifer P	Female	SNR	11/20	00:57:57	00:57:50	79
79	52	Gail Farr	Female	West Hull V50	8/29	00:57:58	00:57:46	78
80	19	Jackie Har	Female	Beverley / V60	1/8	00:58:17	00:58:06	80
81	148	Amy God	Female	SNR	12/20	00:58:23	00:58:10	81
82	93	Heidi Bak	Female	Bridlingto V40	7/25	00:58:32	00:58:18	82
83	173	Nicola Ha	Female	V40	8/25	00:58:41	00:58:30	84
84	172	Elaine Ker	Female	V40	9/25	00:58:41	00:58:31	85
85	151	Paul Brow	Male	Bridlingto V70	3/6	00:58:47	00:58:26	83
86	126	Matthew	Male	East Hull V50	19/26	00:58:51	00:58:44	86
87	32	Zoe Hum	Female	SNR	13/20	00:59:01	00:58:50	87
88	60	Mike Coat	Male	SNR	9/11	00:59:02	00:58:52	88
89	26	Dinah Ash	Female	City of Hu V50	9/29	00:59:15	00:58:56	89
90	96	Andy Nay	Male	City of Hu V40	18/23	00:59:15	00:58:57	90
91	20	Fiona Holl	Female	Beverley / V50	10/29	00:59:26	00:59:17	92
92	181	Shaun Gal	Male	V60	10/13	00:59:26	00:59:16	91
93	188	John Brid	Male	V50	20/26	00:59:28	00:59:20	93
94	112	Emma Stc	Female	Beverley / SNR	14/20	00:59:36	00:59:27	95
95	66	Tim Wauc	Male	V40	19/23	00:59:38	00:59:27	94
96	57	Chris Cleg	Male	Pocklingt V50	21/26	00:59:56	00:59:52	96
97	23	Vicky Wet	Female	Driffield S V50	11/29	01:00:04	00:59:55	98
98	120	Paul Bagg	Male	V50	22/26	01:00:09	00:59:55	97
99	64	Hannah-L	Female	SNR	15/20	01:00:10	00:59:59	99

100	65	Oliver Wa	Male	SNR	10/11	01:00:11	01:00:00	100	
101	51	Wayne Fa	Male	V50	23/26	01:00:21	01:00:09	101	
102	58	Karen Cle	Female	Pocklingt	V50	12/29	01:00:31	01:00:24	102
103	130	Linda Lee	Female	V50	13/29	01:00:43	01:00:26	103	
104	90	Nicola Ril	Female	Beverley /	V50	14/29	01:00:45	01:00:33	104
105	152	Paul Rush	Male	V40	20/23	01:00:55	01:00:42	105	
106	133	Nigel Dov	Male	V40	21/23	01:01:07	01:00:49	106	
107	108	Clare Cha	Female	Pocklingt	V40	10/25	01:01:19	01:01:13	107
108	158	Sarah Wil	Female	Pocklingt	V40	11/25	01:01:20	01:01:15	108
109	117	Rebecca C	Female	V40	12/25	01:01:35	01:01:29	109	
110	4	Edward Ri	Male	V40	22/23	01:01:42	01:01:33	110	
111	72	Mark Wat	Male	City of Hu	V50	24/26	01:01:52	01:01:46	112
112	97	Katie Win	Female	V40	13/25	01:01:54	01:01:44	111	
113	22	Melissa M	Female	Fitmums /	V40	14/25	01:02:01	01:01:46	113
114	24	Laura Gull	Female	Fitmums /	V40	15/25	01:02:01	01:01:46	114
115	137	Jayne Bat	Female	V60	2/8	01:02:02	01:01:47	115	
116	186	Thomas G	Male	SNR	11/11	01:02:03	01:01:57	116	
117	192	Jo Rowlan	Female	Beverley /	V50	15/29	01:02:24	01:02:13	117
118	207	Simon Mc	Male	Ripon Rur	V60	11/13	01:02:30	01:02:17	118
119	85	Jonathan	Male	S&N Runn	V40	23/23	01:02:54	01:02:40	119
120	33	Robert Ey	Male	Bridlingto	V70	4/6	01:03:20	01:03:07	120
121	190	Val Gaugt	Female	V50	16/29	01:03:26	01:03:10	121	
122	161	Richard W	Male	V60	12/13	01:04:10	01:03:53	122	
123	73	Trina Pric	Female	V60	3/8	01:04:43	01:04:31	124	
124	86	Jayne Mai	Female	V50	17/29	01:04:46	01:04:30	123	
125	143	Jenny Rov	Female	SNR	16/20	01:04:59	01:04:44	125	
126	168	Louise W	Female	V50	18/29	01:05:21	01:05:02	126	
127	179	Anne Park	Female	V60	4/8	01:05:37	01:05:26	127	
128	84	Alison Ber	Female	Beverley /	V40	16/25	01:05:47	01:05:36	129
129	139	Karl Cousi	Male	V50	25/26	01:05:54	01:05:36	128	
130	17	Sue Beeve	Female	Lonely Go	V50	19/29	01:06:33	01:06:26	130
131	142	Fiona Bol	Female	SNR	17/20	01:06:50	01:06:33	131	
132	125	Anita Shij	Female	V60	5/8	01:07:19	01:07:03	132	
133	69	Alex Web.	Female	Caistor Ru	V50	20/29	01:07:21	01:07:08	134
134	70	Caroline M	Female	V50	21/29	01:07:21	01:07:07	133	
135	201	Sue Reast	Female	City of Hu	V50	22/29	01:07:44	01:07:27	135
136	187	Roger Pry	Male	V70	5/6	01:07:50	01:07:50	137	
137	138	Helen Bov	Female	V50	23/29	01:07:56	01:07:40	136	
138	121	Catherine	Female	V40	17/25	01:08:45	01:08:27	138	
139	145	Jenna Lea	Female	SNR	18/20	01:09:04	01:08:46	139	
140	146	Emma Rin	Female	V40	18/25	01:09:04	01:08:46	140	
141	81	Lucy Burd	Female	LincsQuac	V40	19/25	01:09:40	01:09:24	142
142	82	Jon Burdir	Male	V50	26/26	01:09:41	01:09:23	141	
143	5	Carol Coo	Female	Beverley /	V60	6/8	01:09:50	01:09:38	143
144	50	Kaye Hill	Female	V50	24/29	01:09:53	01:09:48	146	
145	177	Kirsten Pc	Female	Bridlingto	SNR	19/20	01:10:00	01:09:46	144
146	175	Amanda T	Female	Bridlingto	V40	20/25	01:10:00	01:09:46	145
147	160	Rebecca C	Female	V40	21/25	01:11:27	01:11:11	147	
148	154	Jeffrey Co	Male	City of Hu	V70	6/6	01:12:31	01:12:14	148
149	200	Catherine	Female	City of Hu	V50	25/29	01:12:41	01:12:26	149

150	46	Tracey Bu	Female	V40	22/25	01:13:06	01:12:49	150
151	101	Sophie W	Female	V40	23/25	01:13:28	01:13:11	151
152	113	Emma Jor	Female	SNR	20/20	01:14:37	01:14:25	152
153	110	Andrea Lii	Female	Pocklingto	V50	26/29	01:14:38	01:14:26
154	63	Pam Ande	Female	York Knave	V60	7/8	01:16:52	01:16:33
155	98	Edwina W	Female	York Knave	V50	27/29	01:17:09	01:16:50
156	184	Elaine Sar	Female	V50	28/29	01:22:48	01:22:31	156
157	197	Jane Yeate	Female	Barton &	V50	29/29	01:23:39	01:23:24
158	198	Jennifer B	Female	Barton &	V40	24/25	01:23:43	01:23:27
159	105	Linda Hall	Female	Bridlington	V70	1/1	01:25:01	01:24:45
160	134	Tina Calth	Female	Bridlington	V60	8/8	01:26:38	01:26:21
161	7	Chris Gibs	Male	Beverley /	V60	13/13	01:27:51	01:27:32
162	127	Frank Har	Male	Beverley /	V80+	1/1	01:29:39	01:29:20
163	104	Dian(Dee)	Female	Bridlington	V40	25/25	01:35:09	01:34:56

Time Behi	Time Behi	Time Behi	Age	Grade	Pace
+00:00:00	+00:00:00	+00:00:00	75.13		5:39 min/m
+00:03:44	+00:03:44	+00:00:00	73.47		6:15 min/m
+00:04:26	+00:04:26	+00:00:42	74.44		6:22 min/m
+00:06:02	+00:06:02	+00:02:18	68.31		6:37 min/m
+00:07:59	+00:07:59	+00:07:59	62.56		6:56 min/m
+00:08:05	+00:08:05	+00:04:21	65.77		6:57 min/m
+00:08:56	+00:08:56	+00:08:56	60.16		7:05 min/m
+00:09:47	+00:09:47	+00:00:00	67.14		7:13 min/m
+00:11:03	+00:00:00	+00:00:00	65.12		7:26 min/m
+00:11:36	+00:11:36	+00:07:52	61.15		7:31 min/m
+00:11:48	+00:11:48	+00:11:48	58.59		7:33 min/m
+00:11:49	+00:11:49	+00:02:02	69.38		7:33 min/m
+00:11:54	+00:11:54	+00:00:00	72.98		7:34 min/m
+00:12:22	+00:12:22	+00:08:38	61.98		7:38 min/m
+00:12:41	+00:12:41	+00:08:57	60.16		7:42 min/m
+00:12:50	+00:12:50	+00:09:05	61.49		7:43 min/m
+00:12:52	+00:12:52	+00:03:04	66.27		7:43 min/m
+00:12:57	+00:12:57	+00:01:03	70.89		7:44 min/m
+00:13:18	+00:13:18	+00:01:24	71.05		7:47 min/m
+00:13:41	+00:02:37	+00:00:00	76.32		7:51 min/m
+00:13:54	+00:13:54	+00:13:54	56.1		7:53 min/m
+00:14:22	+00:03:18	+00:00:40	71.3		7:58 min/m
+00:14:55	+00:14:55	+00:05:08	62.35		8:03 min/m
+00:15:03	+00:03:59	+00:00:00	62.95		8:04 min/m
+00:15:10	+00:15:10	+00:15:10	52.88		8:05 min/m
+00:15:17	+00:15:17	+00:11:32	55.5		8:07 min/m
+00:15:37	+00:15:37	+00:00:00	72.94		8:10 min/m
+00:15:40	+00:15:40	+00:05:53	59.55		8:10 min/m
+00:15:41	+00:15:41	+00:05:53	63.45		8:10 min/m
+00:16:11	+00:05:08	+00:05:08	58.65		8:15 min/m
+00:16:13	+00:05:09	+00:05:09	58.61		8:16 min/m
+00:16:24	+00:16:24	+00:06:37	63.22		8:17 min/m
+00:16:32	+00:16:32	+00:04:38	66.45		8:19 min/m
+00:16:36	+00:16:36	+00:04:42	65.74		8:19 min/m
+00:16:42	+00:16:42	+00:06:55	60.22		8:20 min/m
+00:16:43	+00:16:43	+00:06:56	59.62		8:21 min/m
+00:16:48	+00:05:44	+00:03:06	72.83		8:21 min/m
+00:16:55	+00:05:51	+00:05:51	58.88		8:22 min/m
+00:16:55	+00:16:55	+00:13:11	54.13		8:23 min/m
+00:16:57	+00:05:53	+00:05:53	57.94		8:23 min/m
+00:17:18	+00:17:18	+00:17:18	50.42		8:26 min/m
+00:17:22	+00:06:18	+00:06:18	58.47		8:27 min/m
+00:17:24	+00:06:20	+00:06:20	57.53		8:27 min/m
+00:17:25	+00:17:25	+00:07:38	60.08		8:27 min/m
+00:17:51	+00:17:51	+00:14:06	55.2		8:31 min/m
+00:17:54	+00:17:54	+00:06:00	67.3		8:32 min/m
+00:18:02	+00:18:02	+00:14:17	55.18		8:33 min/m
+00:18:11	+00:07:07	+00:07:07	56.48		8:35 min/m
+00:18:18	+00:07:14	+00:04:37	65.14		8:36 min/m

+00:18:34	+00:18:34	+00:08:47	58.09	8:38 min/m
+00:18:40	+00:18:40	+00:08:53	59.95	8:39 min/m
+00:18:42	+00:07:38	+00:03:39	59.15	8:40 min/m
+00:18:47	+00:18:47	+00:09:00	57.02	8:41 min/m
+00:18:54	+00:18:54	+00:18:54	51.25	8:42 min/m
+00:19:11	+00:08:07	+00:05:30	65.16	8:44 min/m
+00:19:17	+00:08:13	+00:04:13	60.31	8:45 min/m
+00:20:10	+00:09:06	+00:09:06	55.46	8:54 min/m
+00:20:15	+00:09:11	+00:05:12	60.57	8:55 min/m
+00:20:24	+00:09:20	+00:05:21	58.96	8:56 min/m
+00:20:57	+00:09:53	+00:05:54	56.04	9:02 min/m
+00:21:06	+00:21:06	+00:09:12	61.14	9:03 min/m
+00:21:12	+00:21:12	+00:05:34	67.8	9:04 min/m
+00:21:12	+00:10:08	+00:10:08	54.25	9:04 min/m
+00:21:14	+00:21:14	+00:09:20	58.93	9:04 min/m
+00:21:18	+00:21:18	+00:17:34	50.7	9:05 min/m
+00:21:25	+00:21:25	+00:17:40	51.96	9:06 min/m
+00:21:29	+00:21:29	+00:17:44	52.27	9:07 min/m
+00:21:40	+00:10:36	+00:07:59	61.35	9:08 min/m
+00:21:40	+00:21:40	+00:17:55	52.85	9:08 min/m
+00:21:43	+00:10:39	+00:08:01	64.82	9:09 min/m
+00:21:44	+00:21:44	+00:11:57	56.4	9:09 min/m
+00:21:48	+00:21:48	+00:18:04	49.24	9:10 min/m
+00:22:07	+00:22:07	+00:12:20	55.91	9:13 min/m
+00:22:11	+00:22:11	+00:10:17	57.83	9:13 min/m
+00:22:13	+00:22:13	+00:12:25	54.12	9:14 min/m
+00:22:42	+00:22:42	+00:12:55	52.59	9:18 min/m
+00:22:50	+00:22:50	+00:13:03	53.87	9:20 min/m
+00:22:54	+00:11:51	+00:11:51	53.09	9:20 min/m
+00:22:55	+00:11:51	+00:09:14	61.67	9:21 min/m
+00:23:14	+00:12:10	+00:00:00	75.8	9:24 min/m
+00:23:20	+00:12:17	+00:12:17	51.6	9:25 min/m
+00:23:29	+00:12:25	+00:08:26	54.93	9:26 min/m
+00:23:38	+00:12:34	+00:08:35	55.81	9:27 min/m
+00:23:38	+00:12:34	+00:08:35	54.26	9:27 min/m
+00:23:44	+00:23:44	+00:08:07	61.56	9:28 min/m
+00:23:49	+00:23:49	+00:14:01	51.25	9:29 min/m
+00:23:58	+00:12:54	+00:12:54	51.01	9:31 min/m
+00:23:59	+00:23:59	+00:23:59	44.73	9:31 min/m
+00:24:12	+00:13:08	+00:10:30	58.84	9:33 min/m
+00:24:12	+00:24:12	+00:20:28	49.86	9:33 min/m
+00:24:23	+00:13:19	+00:10:41	58.5	9:35 min/m
+00:24:24	+00:24:24	+00:12:29	57.77	9:35 min/m
+00:24:25	+00:24:25	+00:14:37	54.22	9:35 min/m
+00:24:33	+00:13:29	+00:13:29	50.54	9:36 min/m
+00:24:35	+00:24:35	+00:20:50	49.44	9:37 min/m
+00:24:53	+00:24:53	+00:15:06	50.29	9:40 min/m
+00:25:01	+00:13:57	+00:11:19	61.12	9:41 min/m
+00:25:06	+00:25:06	+00:15:19	54.16	9:42 min/m
+00:25:07	+00:14:03	+00:14:03	50.03	9:42 min/m

+00:25:08	+00:25:08	+00:25:08	46.09	9:42 min/m
+00:25:18	+00:25:18	+00:15:31	51.28	9:44 min/m
+00:25:28	+00:14:24	+00:11:46	58.18	9:45 min/m
+00:25:40	+00:14:36	+00:11:59	58.16	9:47 min/m
+00:25:43	+00:14:39	+00:12:01	62.23	9:48 min/m
+00:25:52	+00:25:52	+00:22:08	48.42	9:49 min/m
+00:26:04	+00:26:04	+00:22:19	47.58	9:51 min/m
+00:26:16	+00:15:12	+00:11:12	51.87	9:53 min/m
+00:26:18	+00:15:14	+00:11:14	55.16	9:53 min/m
+00:26:32	+00:15:28	+00:11:29	50.86	9:56 min/m
+00:26:39	+00:26:39	+00:22:55	46.65	9:57 min/m
+00:26:49	+00:26:49	+00:17:02	52.09	9:58 min/m
+00:26:52	+00:15:48	+00:11:48	54.07	9:59 min/m
+00:26:58	+00:15:54	+00:11:55	52.34	10:00 min/m
+00:26:58	+00:15:54	+00:11:55	51.41	10:00 min/m
+00:26:59	+00:15:55	+00:03:45	64.74	10:00 min/m
+00:27:00	+00:27:00	+00:27:00	42.61	10:00 min/m
+00:27:21	+00:16:17	+00:13:39	55	10:03 min/m
+00:27:27	+00:27:27	+00:15:33	53.03	10:04 min/m
+00:27:52	+00:27:52	+00:24:07	46.54	10:08 min/m
+00:28:17	+00:28:17	+00:12:39	63.6	10:12 min/m
+00:28:23	+00:17:19	+00:14:42	58.8	10:13 min/m
+00:29:07	+00:29:07	+00:17:13	52.62	10:21 min/m
+00:29:40	+00:18:36	+00:06:25	63.95	10:26 min/m
+00:29:43	+00:18:39	+00:16:01	56.78	10:26 min/m
+00:29:56	+00:18:52	+00:18:52	46.37	10:28 min/m
+00:30:19	+00:19:15	+00:16:37	53.33	10:32 min/m
+00:30:34	+00:19:30	+00:07:20	64.07	10:35 min/m
+00:30:44	+00:19:40	+00:15:41	50.88	10:36 min/m
+00:30:52	+00:30:52	+00:21:04	45.89	10:37 min/m
+00:31:30	+00:20:26	+00:17:48	51.51	10:44 min/m
+00:31:47	+00:20:43	+00:20:43	45.15	10:46 min/m
+00:32:16	+00:21:12	+00:09:02	63.53	10:51 min/m
+00:32:18	+00:21:14	+00:18:36	53.8	10:51 min/m
+00:32:18	+00:21:14	+00:18:36	55.34	10:51 min/m
+00:32:41	+00:21:37	+00:19:00	55.86	10:55 min/m
+00:32:47	+00:32:47	+00:17:09	59.18	10:56 min/m
+00:32:53	+00:21:49	+00:19:11	52.65	10:57 min/m
+00:33:42	+00:22:38	+00:18:39	47.69	11:05 min/m
+00:34:01	+00:22:57	+00:22:57	43.96	11:08 min/m
+00:34:01	+00:22:57	+00:18:58	48.54	11:08 min/m
+00:34:37	+00:23:33	+00:19:33	45.39	11:14 min/m
+00:34:38	+00:34:38	+00:24:51	43.74	11:14 min/m
+00:34:47	+00:23:43	+00:11:32	58.32	11:15 min/m
+00:34:51	+00:23:47	+00:21:09	52.47	11:16 min/m
+00:34:57	+00:23:53	+00:23:53	43.02	11:17 min/m
+00:34:57	+00:23:53	+00:19:54	47.29	11:17 min/m
+00:36:24	+00:25:20	+00:21:21	45.87	11:31 min/m
+00:37:28	+00:37:28	+00:21:51	52.66	11:41 min/m
+00:37:38	+00:26:34	+00:23:57	52.79	11:43 min/m

+00:38:04	+00:27:00	+00:23:00	45.84	11:47 min/m
+00:38:25	+00:27:21	+00:23:22	43.04	11:51 min/m
+00:39:34	+00:28:30	+00:28:30	40.44	12:02 min/m
+00:39:35	+00:28:31	+00:25:54	46.59	12:02 min/m
+00:41:49	+00:30:45	+00:18:35	54.76	12:23 min/m
+00:42:06	+00:31:03	+00:28:25	46.36	12:26 min/m
+00:47:45	+00:36:41	+00:34:04	41.48	13:21 min/m
+00:48:36	+00:37:33	+00:34:55	43.31	13:29 min/m
+00:48:40	+00:37:36	+00:33:37	39.54	13:30 min/m
+00:49:58	+00:38:54	+00:00:00	61.28	13:42 min/m
+00:51:35	+00:40:31	+00:28:20	52.79	13:58 min/m
+00:52:48	+00:52:48	+00:40:54	37.4	14:10 min/m
+00:54:36	+00:54:36	+00:00:00	50.6	14:27 min/m
+01:00:06	+00:49:02	+00:45:03	35.6	15:20 min/m