



Top of the Wolds 10km Challenge

Sunday 5th June 2022

Dear Runner,

Welcome to the fourth outing of the “Top of the Wolds 10km Challenge.” We hope you enjoy the day, as well as the route. Yorkshire Wolds Runners was formed in 2010, and are now an established East Yorkshire club attending many events. By staging this race, we hope to display the fantastic countryside of the Yorkshire Wolds, and cement the race for future years, with what we hope will be a positive outcome from the running community.

Enjoy the day, and don't forget to look at the scenery. The PB bell awaits you at the top of the hill! It's an accomplishment to get to the top - savour the moment!

Sponsors

Our main sponsors are pictured below. With their support, your race numbers, category prizes and post race flapjack are provided.

E Hoggard & Sons;



Practical Networks;



Vanessa Delicatessen & Café;



RACE HQ - **Registration is open from 8.00am. Collect your number from here.**

All facilities will be located in or around the Community Centre. **Race HQ is in our gazebo.** It is a one way in, one way out. This is a preventative measure in light of COVID guidance. Please secure your number on the front of your vest/t-shirt.

Sports Timing Solutions are providing our chip timing this year. Your chip is attached to the reverse of your number. Please complete the medical information on the reverse of your number also.

Toilet facilities are available directly outside the community Centre. Disability toilet facilities are located inside the Community Centre.

There will be no shower facilities, changing or baggage facilities available. We're trying to reduce the amount of time people stay inside the Community Centre.

Refreshments will be available throughout the day. Please go into the community centre by the front door and exit from the hall via the side fire exit. Again, this is to reduce the passing of people in corridors and amount of time people stay in the hall.

PARKING **For your Sat Nav use postcode YO42 1XS**

The car park is situated on the Community centre field; you will be directed by a marshal to a parking area.

Yorkshire Wolds Runners/Warter Estate accepts no responsibility for damaged vehicles, you park at your own risk.

Please **do not park** in the village, it cannot accommodate extra vehicles, we do have an overflow car park if needed.

- Please note that the race is to be run on closed roads, therefore the running route will be completely closed to traffic from 08.00am to allow the course to be set up, with no movement of vehicles permitted until the roads re-open at approximately 12.30 onwards. Please allow adequate time to park and collect your race pack. Where you can, come into Warter via the B1246.

The race will start promptly at 10.00am

COURSE

The course will be well marshalled and marked every kilometre. There will be a water stop and First Aid cover just before the half way point as well as at the end of the race.

Please adhere to all UKA regulations for the race. Obey all instructions from the Race Officials and Marshals. Please do not drop any litter and please use the toilets provided. Respect other pedestrians where you share the pavements with them.

Tom Fynn from TCF Photography will be out on course taking photographs – these will be uploaded to Facebook after the event.

There are no headphones allowed, anyone wearing headphones will be disqualified. You have been warned.

If you feel ill and have to retire from the race for any reason please contact a Marshal. They will deal with your needs and report back to race headquarters.

First Aid will be supplied by North East Medical Services. Transport back to Race HQ will be provided if necessary.

A sweep vehicle will provide transport should runners wish to retire.

Water and flapjack will be available in our club gazebo once you've finished and received your race day memento.

Race Day Timetable

08.00 - Race HQ Opens for registration/race pack collection.

09.50 Race briefing & runners line up for the START.

10.00 The race commences.

10.35 First 10k runners expected home.

12.30 Prize giving

Prize Categories are based on finishing position, NOT chipped time

1st Male

1st Female

2nd Male

2nd Female

3rd Male

3rd Female

1st MV40

1st FV40

1st MV50

1st FV50

1st MV60

1st FV60

1st MV70

1st FV70

1st MV80

1st FV80

We have streamlined the age categories as a result of reduced entrants and increased cost to provide so many award categories. **Only one winner per category:** e.g. if the 1st male is also the MV40 winner, then the MV40 category will go to the next runner.

We look forward to welcoming you on the day, from all at Yorkshire Wolds Runners.

Kath Hammond
Race Director

