

Position	Bib	Name	Club	Category	Category position	Net time	Gun time
1	133	Scott Hargreaves	Bridlington Road Runners	MSEN	1	36:44	36:44
2	204	Timothy Nicholson	Wallsend Harriers & AC	MSEN	2	39:03	39:04
3	162	Adam Jordan		M40	1	39:05	39:06
4	264	Stuart Smith	Pocklington Runners	M40	2	39:17	39:17
5	96	David Fletcher		M40	3	39:44	39:44
6	279	Joshua Taylor	Bridlington Road Runners	MSEN	3	40:10	40:10
7	222	Martin Phillips		M40	4	40:28	40:28
8	164	Graham Justice		M50	1	41:19	41:20
9	175	William Lees		M40	5	42:16	42:19
10	135	Frances Harrison		F35	1	43:03	43:03
11	195	Jon Morgan	Driffield Striders	M50	2	43:34	43:36
12	95	Alan Feldberg	Bridlington Road Runners	M40	6	43:37	43:41
13	9	Warwick Anderson	Pocklington Runners	M50	3	44:39	44:41
14	240	William Roberts		MSEN	4	45:12	45:19
15	75	Neil Diamond	Crossgates Harriers	M50	4	45:41	45:44
16	61	Ewan Cochrane	York Knavesmire Harriers	MSEN	5	45:51	45:54
17	88	Craig Edwards	Cleethorpes and District AC	M40	7	45:58	45:59
18	244	Stephen Robson	York Knavesmire Harriers	MSEN	6	46:13	46:16
19	123	Sebastian Gryzlo		MSEN	7	46:27	46:31
20	263	Matthew Skinnis	Beverley Athletic Club	MSEN	8	46:32	46:43
21	298	Kevin Wilkinson	Redcar Running Club	M40	8	47:09	47:11
22	252	Laura Schofield	York Knavesmire Harriers	FSEN	1	47:18	47:19
23	77	Alex Dobson	Pocklington Runners	M40	9	47:25	47:27
24	35	Alice Bourne		FSEN	2	47:27	47:32
25	32	Paul Bond	Doncaster Athletic Club	M60	1	47:38	47:49
26	224	William Pike	Bridlington Road Runners	M50	5	47:54	47:58
27	91	John Escritt	City of Hull AC	M60	2	47:58	48:00
28	30	Jaroslav Boch		MSEN	9	47:59	48:11
29	179	Graham Lonsdale	Bridlington Road Runners	M50	6	48:09	48:13
30	205	Andrew Norman	East Hull Harriers & AC	M50	7	48:12	48:14
31	138	Della Hatfield	City of Hull AC	F35	2	48:18	48:19
32	45	Matthew Brown	York Acorn Running Club	M40	10	48:16	48:25
33	47	Roger Burkill	SOUTH LEEDS LAKERS RUNNING CLUB	M60	3	48:23	48:27
34	24	Ashley Beasley	Barton & District AC	MSEN	10	48:28	48:30
35	261	Emma Simmons	Pocklington Runners	F35	3	48:30	48:32
36	43	Steve Broadfoot	Knowsley Harriers	M50	8	48:36	48:37
37	93	April-Marie Exley	Bridlington Road Runners	F35	4	48:34	48:38
38	270	Martin Stack	Driffield Striders	M50	9	48:38	48:39
39	33	Andrew Boughen		M40	11	48:35	48:42
40	245	Mark Roper		MSEN	11	48:49	48:54
41	259	Anthony Shipley		M60	4	49:10	49:13
42	156	Martin Hutchinson	Bridlington Road Runners	M50	10	49:22	49:26
43	37	Marcus Bourne	Pocklington Runners	M40	12	49:26	49:32
44	8	Richard Alsop	East Hull Harriers & AC	M50	11	49:39	49:43
45	183	Patrick Marshall	Beverley Athletic Club	M60	5	49:32	49:43
46	262	Matthew Simpson		MSEN	12	49:46	49:51
47	190	Allan Mcfarlane		M50	12	49:52	49:56
48	180	Rachel Love	City of Hull AC	F45	1	49:57	49:58
49	212	Nick Outram		MSEN	13	49:56	50:14
50	246	James Rowe		M50	13	50:02	50:17
51	241	Jon Robinson		M40	13	50:08	50:18
52	74	Amanda Dean	West Hull Ladies	F55	1	50:28	50:30
53	305	Mark Woodfine		M50	14	50:32	50:40
54	194	Sandy Milson	Beverley Athletic Club	M40	14	50:49	51:00
55	132	Melissa Hardcastle	Pocklington Runners	FSEN	3	51:10	51:13
56	260	Dave Shipley	Scarborough Athletic Club	M60	6	51:12	51:17
57	256	Paul Shepherd		M50	15	51:23	51:31
58	309	Qin Zhou	York Knavesmire Harriers	F45	2	51:54	52:00
59	56	Daniel Chappell	Pocklington Runners	M40	15	52:01	52:07
60	140	Florence Henderson		FSEN	4	52:05	52:08
61	120	Andrew Green		M40	16	52:06	52:14
62	226	Janet Potter	Bridlington Road Runners	F55	2	52:08	52:17
63	14	Brian Baker		M40	17	52:09	52:17
64	166	Emily Kendra	Pocklington Runners	FSEN	5	52:25	52:28
65	68	Helen Dannatt		F35	5	52:33	52:35
66	85	Adam Dyas	Bridlington Road Runners	MSEN	14	52:39	52:47
67	308	Naomi Youel	Methley Striders	F45	3	52:45	52:54
68	122	Jess Green	York Knavesmire Harriers	F35	6	52:51	52:57
69	210	Nick Osborne	Pocklington Runners	M40	18	52:54	53:02
70	230	Chris Price	York Acorn Running Club	M50	16	52:54	53:04
71	232	Andrew Ramsey	Driffield Striders	M50	17	52:59	53:09
72	83	Emma Dunn	Tadcaster Harriers	F45	4	53:04	53:10
73	152	Julian Horsley	Pocklington Runners	M50	18	53:07	53:13
74	178	Andy Long	Bridlington Road Runners	M50	19	53:06	53:16
75	51	Lindsay Cameron	Pocklington Runners	F35	7	53:10	53:17
76	64	Wendy Cree	Pocklington Runners	F45	5	53:10	53:17
77	42	Beverley Brisby	Fitmums and Friends	F35	8	53:09	53:27
78	89	Mark Edwards	North York Moors AC	M60	7	53:24	53:28
79	295	Toby Wherton		M40	19	53:25	53:30
80	62	Lisa Cockcroft		F35	9	53:23	53:34
81	208	Shirley Oglesby	East Hull Harriers & AC	F65	1	53:44	53:47
82	115	Heather Gill	Methley Striders	F35	10	53:46	53:56
83	10	David Anderson	East Hull Harriers & AC	M50	20	54:13	54:18
84	236	Rob Reid	Beverley Athletic Club	M50	21	54:13	54:24
85	254	Greg Semik		MSEN	15	54:13	54:34
86	53	Stuart Carver		M40	20	54:23	54:35
87	18	Sam Baker		MSEN	16	54:13	54:36
88	155	Paul Hutchings	City of Hull AC	MSEN	17	54:42	54:47
89	216	Kelly Palmer	Bridlington Road Runners	FSEN	6	54:35	54:52
90	275	Jan Suddaby	East Hull Harriers & AC	F45	6	54:49	54:54
91	215	Diane Palmer	Bridlington Road Runners	F45	7	54:37	54:54
92	170	Becky Lawry	Bridlington Road Runners	F45	8	54:37	54:54
93	258	Mike Shields		M40	21	54:41	54:58
94	189	Simon Mccudden	Ripon Runners	M50	22	54:51	54:59
95	225	Matthew Pinder	East Hull Harriers & AC	M40	22	54:56	55:00
96	273	Max Stubbings		MSEN	18	54:54	55:03
97	219	Kevin Penny	City of Hull AC	M60	8	55:00	55:06
98	28	Samuel Bixby	Lonely Goat RC	M40	23	54:53	55:17
99	92	Anthea Eskrett	East Hull Harriers & AC	F35	11	55:00	55:20
100	163	Rebecca Joyce	Fitmums and Friends	FSEN	7	55:03	55:21
101	110	Stuart Gent	Bridlington Road Runners	M50	23	55:09	55:27
102	280	Gary Tebbutt		M60	9	55:13	55:29
103	76	Glenn Dixon		M60	10	55:18	55:38
104	48	Sharon Burton	Rotherham Harriers and AC	F55	3	55:40	55:45
105	231	Matt Ramm		MSEN	19	55:25	55:45
106	286	Caroline Walker		F35	12	55:37	55:48
107	191	Rebecca Meilhan		F35	13	55:37	55:49
108	238	Angela Richardson		F35	14	55:43	55:50
109	52	Evangeline Carless		FSEN	8	55:52	55:58
110	86	Nick East		M50	24	56:02	56:07
111	69	Patrick Dare	Pocklington Runners	M50	25	56:02	56:08
112	17	Karan Baker		F45	9	56:03	56:12
113	248	Amber Rushworth		FSEN	9	56:09	56:13
114	119	Amy Green		FSEN	10	56:08	56:13
115	94	Robert Eyre	Bridlington Road Runners	M70	1	56:18	56:28
116	211	Erin Outram		FSEN	11	56:22	56:41

117	11	Dinah Ashbridge	City of Hull AC	F45	10	56:27	56:50
118	112	Tim Gibson	York Acorn Running Club	M40	24	56:46	56:55
119	288	Lucy Ward	Pocklington Runners	F35	15	56:50	56:58
120	247	Peter Royal	Bridlington Road Runners	M60	11	56:56	57:12
121	202	Andy Naylor	City of Hull AC	M40	25	56:57	57:20
122	114	Andrew Gill	Pocklington Runners	M40	26	57:20	57:29
123	213	Richard Owen		M50	26	57:28	57:38
124	71	Gerry Darling		M50	27	57:35	57:45
125	255	Jennifer Shaw		F35	16	57:34	57:46
126	160	Matthew Jenkins		M40	27	57:28	57:47
127	150	F Holland	Pocklington Runners	F45	11	57:48	57:56
128	36	Emily Bourne		F5EN	12	57:58	58:06
129	104	Vivianne Fraser		F45	12	57:56	58:11
130	125	Olivia Gummerson		F5EN	13	57:52	58:12
131	257	Angela Shepherd	York Knavesmire Harriers	F55	4	58:44	58:52
132	171	Glynn Leaning		M50	28	58:40	59:02
133	19	Anne Bakker	City of Hull AC	F65	2	58:58	59:02
134	253	Richard Sellers		M5EN	20	58:55	59:15
135	294	Dominique Webster	Bridlington Road Runners	F45	13	59:33	59:43
136	192	Martin Middleton-Frankton		M40	28	59:29	59:43
137	154	Emma-Louise Hudson	City of Hull AC	F35	17	59:42	1:00:01
138	70	Rachel Dare	Pocklington Runners	F45	14	59:54	1:00:02
139	168	Nigel Kitching		M60	12	1:00:00	1:00:06
140	198	Patrick Morris		M50	29	59:46	1:00:10
141	145	Michelle Hillaby		F35	18	1:00:10	1:00:15
142	233	Suzu Rawling		F45	15	1:00:11	1:00:22
143	15	Heidi Baker	Bridlington Road Runners	F35	19	1:00:23	1:00:34
144	73	Lindi Day	City of Hull AC	F45	16	1:00:19	1:00:37
145	227	Jacqueline Potts		F5EN	14	1:01:05	1:01:28
146	221	Helen Phillips		F45	17	1:01:45	1:01:53
147	173	Linda Lees		F45	18	1:01:57	1:02:03
148	153	Bob Howe	North York Moors AC	M70	2	1:01:49	1:02:05
149	311	Wlola Zurek		F5EN	15	1:01:51	1:02:13
150	272	Tomasz Strzyzewski		M40	29	1:01:53	1:02:15
151	186	Liz Matthews	York Knavesmire Harriers	F55	5	1:02:10	1:02:17
152	40	Sharon Bowes	Bridlington Road Runners	F45	19	1:02:02	1:02:17
153	27	Vicki Bingham		F35	20	1:02:03	1:02:22
154	134	Paula Harris		F35	21	1:02:14	1:02:23
155	292	Kathryn Watts		F35	22	1:02:26	1:02:43
156	66	Gavin Cuthbert		M50	30	1:02:26	1:02:43
157	146	Lisa Hincliffe		F45	20	1:02:49	1:02:59
158	108	George Gardner		M60	13	1:02:40	1:03:01
159	284	Sue Vicary	Pocklington Runners	F55	6	1:03:03	1:03:11
160	307	Richard Yeomans	York Knavesmire Harriers	M40	30	1:03:00	1:03:17
161	266	Helen Snook	Pocklington Runners	F45	21	1:03:14	1:03:22
162	299	Andy Wilks	Beverley Athletic Club	M50	31	1:03:11	1:03:24
163	4	Gregg Addicott		M5EN	21	1:03:14	1:03:33
164	300	Carole Williams	Hornsea Harriers	F55	7	1:03:28	1:03:42
165	5	Chris Aldred		M50	32	1:03:36	1:03:50
166	12	Abi Ashton		F35	23	1:03:44	1:04:02
167	161	Sarah Jones		F45	22	1:04:05	1:04:09
168	223	Alisa Pierrepoint		F35	24	1:04:00	1:04:12
169	159	Miriam Ireland	Bridlington Road Runners	F35	25	1:04:02	1:04:19
170	285	Mark Vickerman		M50	33	1:04:04	1:04:20
171	229	Chris Powney		M50	34	1:04:17	1:04:37
172	124	Laura Gullely		F35	26	1:04:27	1:04:42
173	101	Sue Foster		F45	23	1:04:26	1:04:42
174	182	Melissa Malton		F35	27	1:04:28	1:04:43
175	25	Alison Benson		F45	24	1:04:52	1:05:04
176	109	Lynda Gent	Bridlington Road Runners	F45	25	1:04:58	1:05:16
177	72	Heather Davison-Smith		F5EN	16	1:05:14	1:05:28
178	39	Bella Bowes		F35	28	1:05:06	1:05:28
179	302	Clair Williamson	Hornsea Harriers	F45	26	1:05:23	1:05:36
180	118	Sam Graystone		F45	27	1:05:22	1:05:37
181	303	Mark Williamson	Hornsea Harriers	M40	31	1:05:36	1:05:37
182	41	Stuart Bowes	Bridlington Road Runners	M50	35	1:05:29	1:05:45
183	129	Adrian Hancock		M40	32	1:05:37	1:05:49
184	38	Helen Bowerman	City of York AC	F45	28	1:05:40	1:05:53
185	130	Chris Hancox		M5EN	22	1:05:56	1:06:13
186	58	Paul Clarke		M70	3	1:06:00	1:06:18
187	113	Fay Giles	West Hull Ladies	F45	29	1:06:23	1:06:42
188	218	Heather Peake		F45	30	1:06:46	1:07:01
189	278	John Tansey		M40	33	1:06:49	1:07:03
190	268	Claire Spear	Hornsea Harriers	F35	29	1:06:50	1:07:04
191	193	Samantha Middleton-Frankton	Hornsea Harriers	F35	29	1:06:50	1:07:04
192	128	Charlotte Hall	Roundhay Runners	F35	31	1:07:27	1:07:42
193	103	Nicola Fowler	Bridlington Road Runners	F5EN	17	1:07:31	1:07:50
194	23	Jayne Batt		F55	8	1:07:38	1:07:52
195	249	Claire Sayles	Doncaster Athletic Club	F35	32	1:07:35	1:07:56
196	67	Lee Daniels		M50	36	1:07:45	1:08:07
197	269	Laura Speed	York Knavesmire Harriers	F5EN	18	1:08:05	1:08:21
198	296	Edwina Wilcox	York Knavesmire Harriers	F45	31	1:08:13	1:08:30
199	100	Karen Foster		F45	32	1:08:17	1:08:31
200	54	Lydia Catchpole		F35	33	1:08:21	1:08:35
201	277	Mary Sweeting		F35	34	1:09:16	1:09:18
202	267	Kirk Southern	Bridlington Road Runners	M5EN	23	1:09:06	1:09:28
203	188	Julie Mc Caffery		F45	33	1:09:10	1:09:28
204	243	Ruth Robson		F35	35	1:09:57	1:10:18
205	242	Kerry Robinson		F45	34	1:10:00	1:10:18
206	207	Leigh Norman		F45	35	1:10:02	1:10:23
207	206	Cherie Norman		F45	36	1:10:02	1:10:23
208	200	Cheryl Morrod		F55	9	1:10:18	1:10:37
209	289	Stephanie Ward	Redcar Running Club	F35	36	1:10:49	1:10:57
210	250	Caroline Scanlan		F45	37	1:10:57	1:11:13
211	111	Heather Gibson		F35	37	1:10:57	1:11:13
212	21	Kevin Barry		M50	37	1:11:19	1:11:26
213	49	Robert Calthorpe	Bridlington Road Runners	M60	14	1:11:29	1:11:50
214	79	Janet Downes	Bridlington Road Runners	F45	38	1:11:51	1:12:06
215	274	Edwina Subritzky		F45	39	1:12:19	1:12:30
216	1	Sandra Orlando	Bridlington Road Runners	F65	3	1:13:25	1:13:36
217	57	Jane Clarke		F35	38	1:13:44	1:13:58
218	139	Jackie Helstrip		F45	40	1:15:53	1:16:06
219	174	Nicola Lees	Lonely Goat RC	F45	41	1:16:43	1:16:57
220	131	Paul Harby	Fitmums and Friends	M50	38	1:20:18	1:20:34
221	127	Linda Hall	Bridlington Road Runners	F65	4	1:20:25	1:20:47
222	158	Elizabeth Ingle	Bridlington Road Runners	F45	42	1:21:40	1:22:00
223	29	Pauline Blakeston		F45	43	1:23:21	1:23:41
224	34	Melanie Boughen	Fitmums and Friends	F35	39	1:23:21	1:23:41
225	281	Neil Thompson	Fitmums and Friends	M40	34	1:23:21	1:23:41
226	283	Lisa Tomlinson		F35	40	1:23:28	1:23:50
227	297	Sophie Wiles	Bridlington Road Runners	F35	41	1:23:28	1:23:51
228	199	Colin Morrison		M60	15	1:25:00	1:25:18
229	50	Tina Calthorpe	Bridlington Road Runners	F65	5	1:25:19	1:25:40
230	26	Jennifer Benson	Barton & District AC	F35	42	1:26:24	1:26:47
231	201	Karen Mullins	Barton & District AC	F45	44	1:26:24	1:26:47
232	167	Natalie Killick	Barton & District AC	F35	43	1:33:01	1:33:24
233	65	Dian Crone	Bridlington Road Runners	F45	45	1:33:17	1:33:24